



The Humanitarian

A newsletter of Pakistan Kidney and Liver Institute and Research Center

Spring Edition 2021

Success Story

I am Iqra Rashid from Faisalabad. In the year 2009, when my health was worsening rapidly, I came to know that my kidneys were not performing well. I was forced to undergo 4 dialyses every week, and the only option to survive was a kidney transplant. The treatment was in millions of rupees and my family was unable to afford such a huge amount. In utter despair, I had to quit my studies.

Somebody mentioned the name of PKLI to my family. First of all, I am grateful to Allah and then all the doctors, nurses, and other staff of PKLI, who provided me timely and effective patient care and enabled me to recover, even though we had paid nothing to the hospital for a kidney transplant. Now, I am beginning a new journey and will start my studies to achieve my dreams. Thanks, PKLI.

آئیے! اس رمضان، اپنے عطیات، صدقات و زکوٰۃ سے

دُکھی انسانیت کو صحت مند

زندگی کے رنگ لوٹائیں

FOR DONATIONS & ZAKAT ☎ +92 42 111 117 554



PKLI&RC 'Providing World-Class Healthcare at Free of Cost'

Since Inauguration, PKLI&RC has served more than 900,000 patients' interactions during a brief period, while providing free or subsidized treatment facilities to 90% of its indigent patients, including Kidney and Liver transplant surgeries; in addition to these, over 1.5 million patients' visits for 'Hepatitis Relief' have been served under the Hepatitis Prevention and Treatment Program (HPTP) since its launch till June 2019.

Mentioned below are further details of PKLI's above-mentioned patient interactions:

Outpatient Visits	187,478
Surgical Procedures	2,356
Radiology Procedures	73,149
Nuclear Medicine	1,501
Dialysis Procedures	37,151
Pathology Tests	492,430
Kidney Transplant	132
Liver Transplant	40
Pharmacy Prescriptions	97,763

Urology & Gastroenterology Procedures 5,750

So far, over 650 coronavirus patients, who had reported for treatment free of cost have already recovered, returned home and they have been leading a normal life, since then. So far PKLI&RC has spent about 300 million rupees against the free treatment of patients suffering from COVID-19.

The compassionate contributions of our donors are crucial to the success of this institute because these enable us to provide the best possible clinical services to the deserving members of our society that has already been stressed with the burden of disease. Since we are offering free or highly subsidized treatments to more than 90% of our patients, your kind Donations, Sponsorships and/or Zakat amounts are pivotal for the sustainability of our hospital.



Alhamdulillah! PKLI's staff gets COVID-19 vaccination

Congratulations, All PKLI's Staff members got COVID-19 Vaccination.

The PKLI's management cares for its human capital and this vaccine is the way of saying "Thank You" to the valued staff members. The coronavirus (COVID-19) vaccine is safe and effective, and it gives us the best protection against coronavirus.



SPONSOR A PATIENT

Sponsor A Patient (SAP) Program is an innovative program because it allows active participation to any member of the community, who feels for the ailing humanity and who is willing to participate in PKLI's fight against the burden of kidney and liver diseases in Pakistan. Through this program, such members of the society can undertake direct responsibility for the treatment of

one or more of PKLI's well-deserving patients. As a member of the SAP program, you will be sponsoring the treatment of well-deserved PKLI's patients, who otherwise would have been unable to afford such a treatment. As a sponsor, PKLI will be providing you with the patients' profiles along with the estimated treatment costs that you will be able to pay upfront, as a lump sum or

in instalments. You will also be able to choose to sponsor either part of the treatment (including only patient or donor's care) or the complete treatment cost. If you wish, you will also be able to celebrate milestones in the patient's treatment, by visiting them in the hospital after a surgical procedure, writing to them, sending them 'Get Well Soon' and/or 'Birthday' cards, etc.

SPONSOR A DIALYSIS PATIENT

'Dialysis' is a form of treatment required when the kidneys are unable to function at the full capacity. Dialysis is an expensive medical procedure and patients may require 1 to 3 dialysis procedures every week, keeping in view the incapacitated state of the patient's kidneys. To displace the burden of disease, PKLI has been successfully performing Dialysis Procedures, in an infection-free environment. PKLI operates more than 60 modern dialysis machines. Thousands of dialysis procedures have been performed by the PKLI's team so far, that were either free of cost or were highly discounted. You can support the patients, who are unable to afford regular dialysis procedures.

Cost of One Dialysis (in Rupees)

Routine



Patient
5,500

Catheter



Patient
5,950

SPONSOR A KIDNEY TRANSPLANT PATIENT



Cost of One Kidney Transplant (in Rupees)



Patient
616,000



Donor
584,000



Tatol
1,200,000

Dialysis can help only those patients whose kidneys are only partially functioning. Kidney Transplant, however, may be the only option for patients, who are experiencing severe kidney failure. Since the operational launch, PKLI&RC's has performed over 150 transplant procedures that were either free or were highly discounted.

A 'Kidney Transplant' is a very expensive medical procedure and managing so many kidney transplants, as per the international standards and in an infection-free environment is not possible without your help. Please support the patients, who are unable to afford their 'Kidney Transplant'.

SPONSOR A LIVER TRANSPLANT PATIENT



Over 10 million 'Hepatitis C' and more than 5 million 'Hepatitis B' patients in the country have always been PKLI&RC's priority, since its inception. Hepatitis B and C are the major causes of liver damage and eventual failure, thus necessitating a 'Liver Transplant'. Other reasons for liver diseases/ failure may be non-alcoholic fatty liver disease, alcohol and/or drugs abuse, Hemochromatosis, Metabolic or Vascular disorders. Liver transplant is one of the most expensive medical procedures known to mankind and handling a large number of successful liver transplants, in an infection-free environment cannot be achieved without your kind help. Please support the patients, who are unable to afford their 'Liver Transplant'.

We cordially invite you to join us, as we accompany our patients in their journey to hope, recovery, prosperity, and realization of dreams. Please remember that the Little Drops of Goodness make up a Sea of Change.

Cost of One Liver Transplant (in Rupees)



Patient
2,453,000



Donor
1,347,000



Tatol
3,800,000



Seminars and Events



On March 11, 2021, PKLI&RC commemorated 'World Kidney day 2021' by organizing an Awareness Walk, for raising society's understanding regarding the importance of kidneys and the preventive measures to lower the risk of kidney diseases. Dr. Arif Mehmood Siddiqui, PKLI&RC's Dean (Acting), and Dr. Hafiz Ijaz Ahmad, PKLI&RC's Chairman Nephrology, addressed the participants and shed light on prevention and early diagnosis of kidney diseases.



On January 11, 2021, PKLI&RC held "First Virtual Research Moot" on the theme of "Building the Builders". Renowned professionals, including Prof. Hafiz Ijaz Ahmed, Chairman Nephrology - PKLI&RC; Dr. Farooq Azam Rathore, Consultant & Head Rehabilitation Medicine - Bahria University Medical & Dental College Karachi; Dr. Mariam Hasan, Head of Department Clinical Research Office - Shaukat Khanum Memorial Cancer Hospital and Research Centre, Lahore; and other clinical professionals participated. An ePoster Competition was also held and Awards/ Certificates were distributed among winners of the competition.

MAKE A DONATION

We cordially invite you to join us, as we accompany our patients in their journey to hope, recovery, prosperity, and realization of dreams. **Please remember that the Little Drops of Goodness make up a 'Sea of Change'.**



Home Collection of Cash/ Crossed Cheques

Please WhatsApp at +92 321 7554 111 or call us at +92 42 111 117 554 for home collection of your Sponsorship, Zakat and/or Donation amounts.



Donate Through Bank

You can deposit or transfer Sponsorship, Zakat and/or Donation amounts directly in below mentioned account:

Account Title: Pakistan Kidney and Liver Institute and Research Center

Name of Bank: The Bank of Punjab

Branch: BOP DHA Phase VI Branch, DHA Lahore

Account Number: 6580008550400049 (Pak Rupees)

IBAN: PK03BPUN6580008550400049

(Please make a note that Your donations to PKLI&RC, an approved NPO, qualifies for tax credit u/s 61 of Income Tax Ordinance 2001)



Donate Through Cash/ Cheque/ Pay Order Demand Draft

You can pay Sponsorship, Zakat and/or Donation amounts by visiting the Hospital or by sending us a Crossed Cheque/ Pay Order/ Demand Draft, in the name of "Pakistan Kidney & Liver Institute & Research Center" and dispatching it to:

**Marketing & Philanthropy Department,
Pakistan Kidney and Liver Institute and Research Center**

One PKLI Avenue, Opposite DHA Phase 6,
Lahore, Pakistan.

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