



The Humanitarian

A newsletter of Pakistan Kidney and Liver Institute and Research Center

Spring Edition 2023



Success Story

Abdul Rauf a-4-year-old kid given
a beautiful gift of life at PKLI

The news of my son's life-threatening illness left me devastated and questioning the fairness of life. It was hard to fathom that a young child could suffer from such a disease.

Continued on page 2

آئیے! اپنے عطیات، صدقات و زکوٰۃ سے

دُکھی انسانیت کو صحت مند
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Miracles Happen

Ramsha Qaiser was a vibrant young girl living in Faisalabad who had a bright future ahead of her. But life had other plans for her. She was diagnosed with a rare and incurable disease, Primary Sclerosing Cholangitis. Before long, her liver veins were blocked leaving her with no appetite, drastic weight loss and barely any energy. With no treatment available, her liver failed in a year. The family was devastated and Ramsha felt defeated. But her parents never gave up hope. With nothing to lose, they decided to take her to the Pakistan Kidney and Liver Institute in search of a miracle. There, the doctors suggested a liver transplant and fortunately, her brother stepped up to be the donor. The operation was a success and soon enough, Ramsha had a new chance at life with a new liver. It's been seven

months since the transplant and Ramsha has made a full recovery. She has started her studies again and her future looks brighter than ever.

Ramsha's story is one of courage, hope, and compassion. It is a story of overcoming adversity and embracing life, despite the odds. It is a testament to the power of human kindness and serves as a reminder to us all to never give up, and to be thankful for every day we have.

The generosity of Ramsha's family and the dedication of the doctors at the PKLI have been truly inspirational. They have given hope to Ramsha and families like hers. For those who are in a similar situation, the PKLI still needs our donations. So please, help spread awareness and donate. Let's make sure more lives like Ramsha's can be saved.

Success Story (Narrated by Abdul Rauf's father)

Cover story continued ...

My son had been healthy and happy just seven months prior, but we noticed strange symptoms that couldn't be ignored. As his condition worsened, we realized he was losing weight and not eating properly. We took him to the doctor immediately, and after running tests, they diagnosed him with liver disease. The only hope for a healthy life was a liver transplant. The news was overwhelming, and we felt helpless and lost. It felt like a dark cloud had descended upon us, and we struggled to cope with our son's diagnosis.

We wasted no time in seeking treatment for our child, seeking advice from professionals and our loved ones. We unanimously agreed that PKLI&RC was the best choice. During our journey there, we experienced a mix of hope and fear. It's difficult to describe the feeling of holding your child's hand, trying to keep them warm, and cherishing their smile, unsure of when you'll see it again.

Upon entering the hospital, we felt a sense of calm and confidence. It was clear that this was no ordinary hospital, but a place that had made a seemingly impossible dream a reality. Our son Abdul Rauf was admitted and underwent several tests and evaluations. Finally, the day came when he received a successful liver transplant, thanks to his mother's generous liver donation. Everything went smoothly, and we were overjoyed to hear the news of his recovery.



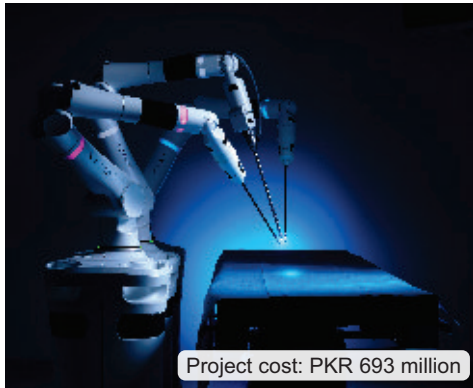
I am filled with gratitude and joy as I witness my son playing with toys and riding his bicycle again, thanks to the unwavering support provided by the PKLI hospital and its caring paramedical team. I am beyond thankful for choosing this hospital for my beloved child, as their expertise and dedication have helped him regain weight and strength. Alhamdulillah!

PKLI UPDATE

- ◆ PKLI is all set to achieve Joint Commission International Accreditation.
- ◆ PKLI has planned to establish a University with the fundamental objective of continuous improvement in education and training outcomes.
- ◆ PKLI has planned to include Residency Programs in

postgraduate and super-specialized training with the goal of yielding a highly skilled and competent workforce.

- ◆ Signing MoUs with the prestigious institutes and organizations including, LUMS with the purpose to inculcate and strengthen the culture of research for scientific innovation and advancement in knowledge.



Project cost: PKR 693 million

- Robotic equipment has been purchased and surgeries will be started in a couple of months.



Project cost: PKR 374 million

- A Cyclotron facility is initiated to make it capable of in-house Radioisotope production for PET/CT scans.



Project cost: PKR 183 million

- Our Bone Marrow Transplant Team is all set to facilitate patients requiring surgery and urgent medical care.

Giving the best to the Community by Achieving the following Milestones

- We are the leaders in Paediatric Liver transplantation, Gastrointestinal Endoscopy, Urology and Interventional Radiology.
- We have performed more than 700 Kidney and Liver Transplants in a very short period with exceptional clinical outcomes.
- Performing Paediatric transplants successfully.
- The hospital has achieved a historic milestone by successfully performing Cadaveric and SWAP transplants.
- The hospital has inaugurated the bone marrow transplantation unit on October 14, 2022.
- PKLI's Nephrology department has performed more than 37,000 dialysis procedures.
- We have successfully achieved ISO Food Safety Management System (ISO 22000:2018) certification and ISO Quality Management System Certification (ISO 9001:2015).
- Our Blood Bank has been licensed by PBTA for three years and awarded an appreciation award.
- Our Urology surgeons have worked in close collaboration with the surgical community at Sharjah University and professional education bodies.
- We are enhancing the learning capacities of paramedical staff by providing hands-on training on robotic surgery systems.

Abdul Hayi Chaudhry, our first Cadaveric Liver Transplant Patient spending a quality life once again

I am very grateful to ALLAH for HIS blessings and then to everyone at your wonderful hospital (PKLI) for the excellent care and management that was given to me before and after my cadaveric liver transplant until I was discharged. I want to thank the entire hospital team for the kind and caring assistance I received starting from the doctors, paramedical staff, security guards, and nurses. Everyone was

exceptional!

I have made a remarkable and full recovery thanks to Dr. Faisal Dar, Dr. Ihsan ul Haq, Dr. Ammara Naveed & Team for arranging cadaveric liver and was given a new life. It's hard to believe how you guys arranged, transported and transplanted this cadaveric liver by the will of ALLAH. Hats off to your team!

Abdul Hayi Chaudhry, 68 years





Seminars and Events



PKLI's organized an intensive two-day First Robotic Master Class in collaboration with the Pakistan Society of Robotic Surgeons, the Pakistan Association of Urological Surgeons, and On-tech Corporation on December 30-31, 2022. The event was inaugurated by Prof Faisal Saud Dar - Dean PKLI&RC. The lectures were given by top-notch Laparoscopic & Robotic Surgeons from Pakistan, UK, USA, and India. A 10-minute hands-on Robotic skill enhancement session was also given to the participants.



The Urology department of PKLI&RC organized a two-day workshop in the area of Laparoscopic Surgical Skills in Urology and Andrology. It was held on November 23 and 24, 2022 with the collaboration of Pakistan Association and Urological Surgeons (PAUS) where Prof. Atta-ur-Rehman; President PAUS, Prof. Faisal Saud Dar; Chairman & Dean PKLI and Dr. Nadeem-Bin-Nusrat inaugurated the workshop by given introductory speeches respectively. Urology faculty also invited Dr. Paul Anderson from NHS Foundation Trust, Dudley, UK and Prof. Muhammad Shamim Khan from Guy's and St. Thomas', NHS Foundation Trust, London.

MAKE A DONATION

We cordially invite you to join us, as we accompany our patients in their journey to hope, recovery, prosperity, and realization of dreams. **Please remember that the Little Drops of Goodness make up a 'Sea of Change'.**



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You can pay Sponsorship, Zakat and/or Donation amounts by visiting the Hospital or by sending us a Crossed Cheque/ Pay Order/ Demand Draft, in the name of "Pakistan Kidney & Liver Institute & Research Center" and dispatching it to:

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